



NEWSLETTER

AFTER SCHOOL CARE: 5444 6666 (YMCA)

HOLY ROSARY WEB SITE: www.hrwhitehills.catholic.edu.au

MASS TIMES

Online at:

<https://www.sandhurst.catholic.org.au>

<https://www.frgministry.com/mass>

PRINCIPAL'S REPORT

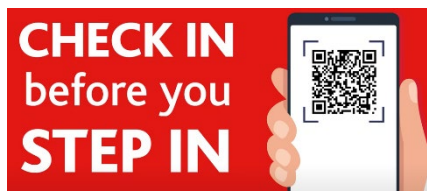
As we enter another week of the lockdown I am sure everyone will be, like me, feeling hopeful that we will be back onsite sooner rather than later. Well done to everyone who has engaged in our remote learning and supporting our children in the best way possible. It certainly has been a chaotic few years and we continue to remain on alert, but ready for any challenges as they come to pass.

The possible return to school means a return to some sort of normality with the added rules in place to protect us. Parents will notice updated QR codes at the entrances to the school. The use of Service Victoria QR codes for electronic record keeping is now mandatory in all schools to enable the effective contact tracing of any COVID-19 cases. We encourage everyone to use them, however the regulations require **QR check ins MUST be used by:**

- all visitors on school site (including contractors, CES and other external staff and building and maintenance staff)
- all parents who enter school buildings when on school site

QR code check-ins are not required to be used by:

- staff
- students
- parents who come onto school grounds for drop off or pick up, but do not enter buildings



CALENDAR

JULY 2021

Mon 26 Reconciliation Meeting - ONLINE

AUGUST 2021

Fri 6 Holy Rosary Athletics Carnival
Wed 11 – Fri 13 Grade 5 Camp
Sat 14 Harte House Community Mass – 6pm
Wed 18 Cyber Safety Night (Gr 5 & 6) – 7pm
Thur 19 Catholic Schools Athletics Carnival
Fri 20 Canteen - Pizza Day
Mon 23 – Fri 27 Book Week
Tue 24 Reconciliation Sacrament Mass – 6pm

SEPTEMBER 2021

Fri 3 Pupil Free Day – Staff PD
Sun 5 Father's Day
Mon 6 Father's Day: Donut's for Dad – 7.45am
Mon 13 – Fri 17 Health & PE Week
Fri 17 Last Day Term 3 – 2.15pm dismissal



Check out our school Facebook page to stay up to date with the latest news!

<https://www.facebook.com/holyrosaryprimaryschoolwhitehills/>

Our next building program is inching ever closer and the Admin building is almost clear of people and resources. In preparation for the demolition and rebuild of the Admin area (not the Grade 1 classrooms) the entry to the front of the school will be through a new gate installed near the Foundation classrooms. We will let everyone know when this is fully operational. Hopefully our build will begin before the end of Term 3, however in the current climate this may be moved to Term 4.

We have many activities and events occurring over the next few weeks, some have had to be postponed and others cancelled altogether. Please continue to read our newsletter as we update you as regularly as possible in accordance with our information. We have moved tonight's Sacramental meeting into an online format for the 24 families participating in Reconciliation. In addition, the Grade 5 Camp and athletics are at this stage, still going ahead in a COVIDSafe manner.

All the best!



Paul Wilkinson
Principal

SCHOOL NEWS

CATHOLIC IDENTITY

SACRAMENT PHOTOS – GRADE 3 EUCHARIST

The proofs of the gorgeous photos taken by Andy Banks on the day of the Holy Rosary First Eucharist Sacrament Mass have arrived and can be viewed in the School Office. Orders need to be placed by Wednesday 4th August at 4pm. Please note, payment is required upon ordering (cash or cheque only).

2021 SACRAMENTAL PROGRAM

Preparations for our 2021 Reconciliation group begin tonight, Monday 26th July @ 5.30pm. A parent information session will be conducted in an online forum due to COVID lockdown. Please keep our sacramental children in your prayers as they begin their journey with us.

NATIONAL HOMELESSNESS PREVENTION WEEK: 2-8 AUGUST

In Australia there are over 116,000 people experiencing homelessness on any given night. Homelessness Week aims to raise awareness of the impact of homelessness on Australians via national and local community events, including providing information on the importance of housing as a solution and educating communities on how they can make a difference.

We have a St. Vincent De Paul donation box available in the school office, if you can spare a few coins for this worthy cause it would be greatly appreciated.



HELP END THE PAIN OF POVERTY. DONATE TODAY.
Please give by calling 13 18 12 or visiting vinnies.org.au

 St Vincent de Paul Society
great works

LOST GLASSES



We currently have two pairs of glasses in the office lost property. One pair have blue NIKE brand frames, the other pair are pink and black from Specsavers. If you believe either of these could be yours, please collect them as soon as possible.



Education is a Partnership

Young Person + Family + School
= Emotional Success

Work with your school to support
your young person

PASTORAL CARE SUPPORT DURING LOCKDOWN

Again, we find ourselves in another lockdown having to support our children to learn from home. It is essential to remember to breathe, take time and be kind to yourself, your children, your family, and the community around you. There are many areas of support available during this time. If you or a family you are aware of needs pastoral care or the wellbeing team to make contact with them during this time please contact the school. The pastoral care team is also available to provide meals and food hampers to families as required. Meals can be delivered to families.

During this time your child's teachers and the school wellbeing team will be there to support your child and family. Support can and will be offered during the learning from the home period and further support offered to students who require support to return to school life when we are back in the classroom. Please contact the school and ask to speak to a member of the wellbeing team if you need support during this time.

The following organisations offer information and advice during this time.

Coronavirus Beyond Blue - <https://coronavirus.beyondblue.org.au/>

Life line - <https://www.lifeline.org.au/crisis-chat/>

Calm Kids Central - <https://www.calmkidcentral.com/covid-19/>

- Megan Gerrish (Pastoral Care)



SCHOOL SPORT – WHAT'S HAPPENING?!

Troy Coates (PE Coordinator)



UPCOMING SPORTS CARNIVALS

With the uncertainty of the current lockdown, the following school sporting events may be postponed or cancelled. Students and families will be notified of changes as soon as notification is made by School Sports Victoria (SSV).

At this stage, whether parent spectators will be able to attend is unclear and will be dependent on COVID guidelines. We will let parents know of any information as it becomes available.

POSTPONED: INTERSCHOOL NETBALL CARNIVAL (GRADE 6) – ORIGINAL DATE: WEDNESDAY 21ST JULY

More information will be sent out via PAM & the newsletter when available.

POSTPONED: INTERSCHOOL GIRLS FOOTBALL (GRADE 5/6) - ORIGINAL DATE: TUESDAY 27TH JULY

More information will be sent out via PAM & the newsletter when available.

POSTPONED: INTERSCHOOL BOYS FOOTBALL (GRADE 5/6) - ORIGINAL DATE: WEDNESDAY 28TH JULY

More information will be sent out via PAM & the newsletter when available.

HOLY ROSARY ATHLETICS CARNIVAL (WHOLE SCHOOL) - FRIDAY 6TH AUGUST

All students will be attending the Athletics Carnival held at the Bendigo Athletics Track. Grade 3-6 Carnival will start around 9:30am. The Foundation - Grade 2 Carnival will start around 11am. Training for this event has begun at school. Further information will be sent home via a PAM note.

VOLUNTEERS: If you are able to assist on an event at our Grade 3-6 Athletics, could you please email Troy Coates at tcoates@hrwhitehills.catholic.edu.au. Volunteers will require a current WCC or VIT registration and provide an updated signed code of conduct. Please see the office for a copy.

STATE NETBALL TRYOUTS

Congratulations to Zarah Reynolds (6MG) who made it through the first try out in Bendigo, then went to Melbourne to attempt making the Under 12 Victorian Netball Team. Zarah performed extremely well and should be very proud of her achievements. Well done Zarah and good luck with your netball journey.



STATE CRICKET TEAM

Congratulations to Sophie O'Connell (6TC) and Maeve Caine (6MG) on being selected for the next stage of the U12 Girls Victorian Cricket Team. They are down to the last 50 girls in the state and we wish them all the very best with the next trial phase. We are very proud of their achievements.



With the extension of lockdown and continued uncertainty about how long we will be working and learning from home, the past week has been a tough one in my house. Lots of emotions and behaviours – and not just from my kids! They are sad and frustrated to be missing out on sporting events, birthday parties and time with their grandparents. I have struggled to find a balance some days

between work and parenting and this has often left me feeling overwhelmed. In my conversations with families this week other parents are feeling the same. It was nice to know I'm not alone. And if we're feeling like that, chances are our kids are too! So, what can we do to support our kids and ourselves during this challenging time?

Routine: Create a flexible but consistent daily routine. It is important, more than ever, to establish a simple routine so everyone knows what to expect (at a time when there are so many unexpected things happening). This needs to be flexible so you can respond to the emotions/behaviours at the time (yours and your child's) and have some time away from learning if required. Ensuring we all have a positive routine can have a big impact on our mental health. Not sleeping in, getting dressed, taking meal breaks away from our work/learning spaces and going to bed at a reasonable time are all simple ways to feel good. Cuddles, exercise, healthy food, brain breaks, play or mindfulness are all good ways of taking 10 minutes out to calm and get ready for learning again.

Have open conversations: Encourage your children to ask questions about what is happening and express their feelings with you. Remember that your child may have different reactions to stress, so be patient and understanding. Make sure you allow your child to talk freely. Drawing, stories and other activities may help to open a discussion. Try not to minimise or dismiss their concerns. Be sure to acknowledge their feelings and assure them that it's natural to feel scared/worried/angry/sad about these things. Demonstrate that you're listening by giving them your full attention, and make sure they understand that they can talk to you. If things have become heated, and you're the one feeling frustrated, take 10 minutes out to calm before you have a talk with your child. They can wait, especially if it means having a calmer parent ready to listen and respond to them. I often walk away, take a few breaths and clear my head. Maybe take some timeout in your room, get some fresh air outside, or enjoy a shower. If you can, ask another caregiver to step in and respond to your child while you take a break. If none of these suggestions appeal to you, and you don't have other go-to options, wrap your child up in a big hug, for at least 20 seconds. Research shows that a 20-second hug can increase levels of oxytocin (the love hormone), reduce blood pressure and cortisol (the stress hormone), increase happiness, lower stress and improve relationships and connection. Those are all great benefits but even if the only thing we accomplish with a hug is showing someone else how much they are loved and how important they are to us, we can all spare 20-seconds. I guarantee it will make you both feel better.

Be creative with their learning: If only we were all tertiary-educated teachers, then supporting our children to learn from home would be much easier. But we're not. We're parents, and it's hard to be a parent and a teacher at the same time. So, go easy on yourself and do what you can. Tap into your child's interests. Use everyday activities as learning opportunities. My kids have been "doing" and "learning" about cooking, cleaning, bike maintenance, online coding, dance routines, Lego, card making and puzzles. Switch up your activities. If your child is becoming restless and agitated when you're trying to follow an online learning program with them, change to a more active and engaging option. Then try to go back to the activity when they're more settled. While education remains important, and students need to be attempting set work and demonstrating their learnings, we also need to find a balance between wellbeing and education.

- Chantel White (Student Wellbeing Worker)

STUDENT NEWS

HAPPY BIRTHDAY



Students who are celebrating their birthdays this week are; Grace Wild, Olivia Murrell, Harrison Schmidt, Sarah Tijo, Evie Dickins & Lauren Thompson. Happy Birthday to you and we hope you have a wonderful day.

P&F NEWS

CANTEEN – 16TH JULY ORDERS HELD OVER

Due to the mandated school closure, all school lunch orders placed for Friday 16th July have been held over and will be filled on the next available Friday.

CANTEEN NOTICES & REMINDERS:

- **CANTEEN WEEK 4 (Thur 5th August):** Canteen will run on **THURSDAY next week** as students will be off site during play 1 on Friday for the school Athletics Carnival. Please make sure all orders are placed by WEDNESDAY 4th August at 9am.
- **NEW ITEM** - Pasta Bake w/ Chicken, Corn, Zucchini & Bacon NOW AVAILABLE
- **NEW ITEM** - Both regular and GF chicken nuggets will now be offered in a serving of 9 nuggets as well as the existing 6 nugget option
- Spaghetti Bolognese is no longer available
- No cash orders will be accepted – all orders must be placed via Flexischools
- Cut off for orders is 9am Thursday. NO LATE ORDERS WILL BE ACCEPTED
- The Canteen is open for over the counter sales during second play on Friday. Counter items are cash only and cannot be pre-ordered.

CANTEEN VOLUNTEERS – TERM 3

A HUGE thank you to the parents who put their hand up to help out in our canteen during Term 2!

Hopefully we will be back onsite soon and will need to see some of our lovely parent and community faces (and hands) in the school to help out! If you are able to volunteer this term, please contact Lindy Vance on 0409 067 404.

Please note, that volunteers in our canteen DO need to have a current WWC Check, but DO NOT need to hold a Food Handling Certificate.



SCHOOL RUN 4 FUN: COLOUR EXPLOSION

Did you hear the exciting news? We are hosting a Colour Explosion School Fun Run with Australian Fundraising! 🏃 The brightest day at school is coming!

Fundraising is now open online! Sponsorship booklets will be handed out after lockdown. Jump on now and create your profile at www.myprofilepage.com.au

Big prizes are up for grabs! Raise at least \$10 and your child can choose from a selection of awesome prizes. You can also share in \$200k of extra prize credit, win a Razor Prize Pack, and become a Fundraising MonSTAR! ★

Holy Rosary After School Care



- After School Care operates daily at the school from 3.15pm – 6.00pm

To enrol your child/ren please log on to YMCA children's program and register on MY Family Lounge. <https://childrensprogram.ymca.org.au/after-school-programs/holy-rosary> alternatively, if you have any questions regarding After School Care and our program feel free to phone on 0467555572



Our afternoon snack



Collaboration



Craft



Scooter board fun

You may be eligible for the **childcare subsidy**. Please use this link to get an indication of what you are entitled to:
<https://www.servicesaustralia.gov.au/individuals/services/entrelink/child-care-subsidy/how-much-you-can-get>

CHECK OUT WHAT WE'VE BEEN UP TO!

Contact us on 0467 555 572 or
Holyrosary@ymca.org.au

COMMUNITY NEWS

Bendigo Northern District Community Enterprise Milestone Celebration National Tree Day

Goldleaf Wetland Reserve Pasley Street, Huntly

Date: Sunday 1st August 2021
Time: 10:00am – 2:00pm

Support your local community

Celebrating Bendigo Northern District Community Enterprise milestone of providing \$300,000 in community grants over the past 15 years

Supported by City of Greater Bendigo and Northern Bendigo Landcare Group

BYO Gloves, Trowel, Drink Bottle, Suitable clothing and footwear.
Site entrance/parking at 154 Pasley St, Huntly. Disabled parking available at Airey St, Huntly.
Please consider walking or cycling to the site.

Free community event, including BBQ
All are welcome!

Current COVID safe requirements and QR code registration will be required on the day.
Please register at: <https://treeday.planetark.org/site/10024857>



Bendigo Northern District Community Enterprise is supported by Bendigo Bank, Bendigo Telco and View Point





Term 3 Classes Starting

PRE-SCHOOLER CLASSES (1-5YRS)
PRIMARY-AGED CLASSES (5-14YRS)

Bendigo

Fun Auslan for Kids

COME & TRY A FREE CLASS!

Affordable



FREE TRIAL SESSIONS
9am - 10am Primary session
10.05am - 10.35am Pre-schooler session
SATURDAY 24th JULY, 2021
BOOKINGS ESSENTIAL
VENUE: OLD CHURCH ON THE HILL.

Enhanced Communication
Learn Auslan
Inclusive Communities
Make friends
Fun Games
Increased memory retention
Learn about Deaf Culture
Boost your child's brainpower
Accelerate the speech process in babies/toddlers

For more information:
Facebook: @languagetree.com.au
Email: sal.symes@gmail.com

SPORTS NEWS



BEAVERS BASKETBALL CLUB

ACN – A0006743 D

The Beavers Club is planning to enter a new team of U10 boys from Holy Rosary Primary School in the next Summer Basketball season starting in October (after the next school holidays).

To enter a team, we need 7 or 8 boys that are 7/8 years old (born 2013/2014) wanting to play basketball.

If you are interested, please contact Amanda or Ashleigh!

U10 boys play on Friday at the Stadium, at this stage team practice will be on Thursdays from 6 to 7pm at the Creek Street College gym.

Amanda Hoffrichter 0401656869

Ashleigh McDerby 0431541906

Beavers Club contact: - Peter Allan 54439370/0419394783

For more club information go to the Beavers Club Web Site.
Beavers is the oldest club in Bendigo Basketball & has a long history in developing players to achieve the highest level.

HOLY ROSARY CANTEEN

VOLUNTEER ROSTER - TERM 3 2021

DATE	TIME	VOLUNTEERS	
JULY 2021			
THUR 29th	9am - 11am	Volunteer Needed	-
FRI 30th	9am - 12noon	Dea Robertson	Volunteer Needed
FRI 30th	11am - 12noon	Volunteer Needed	-
FRI 30th	1:30 - 2:30pm	Volunteer Needed	Volunteer Needed
AUGUST 2021			
WED 4th	9am - 11am	Volunteer Needed	-
THUR 5th	9am - 12noon	Volunteer Needed	Volunteer Needed
THUR 5th	11am - 12noon	Volunteer Needed	-
THUR 5th	1:30 - 2:30pm	Volunteer Needed	Volunteer Needed
THUR 12th	9am - 11am	Tamara McIntosh	-
FRI 13th	9am - 12noon	Jade Davies	Jess Brown
FRI 13th	11am - 12noon	Volunteer Needed	-
FRI 13th	1:30 - 2:30pm	Mardi Holland	Christine Maher
THUR 19th	9am - 11am	Volunteer Needed	-
PIZZA DAY - FRI 20th	10am - 12noon	Volunteer needed	Volunteer Needed
PIZZA DAY - FRI 20th	10.50am - 12noon	Volunteer Needed	-
PIZZA DAY - FRI 20th	1:30 - 2:30pm	Jen Ball	Volunteer Needed
THUR 26th	9am - 11am	Charlotte Healy	-
FRI 27th	9am - 12noon	Dea Robertson	Jen T
FRI 27th	11am - 12noon	Volunteer Needed	-
FRI 27th	1:30 - 2:30pm	Cathy Harrington	Volunteer Needed
SEPTEMBER 2021			
WED 1st	9am - 11am	Kellie Carter	-
THUR 2nd	9am - 12noon	Volunteer Needed	Volunteer Needed
THURS 2nd	11am - 12noon	Volunteer Needed	-
THURS 2nd	1:30 - 2:30pm	Volunteer Needed	Volunteer Needed
THUR 9th	9am - 11am	Tamara McIntosh	-
FRI 10th	9am - 12noon	Jade Davies	Jess Brown
FRI 10th	11am - 12noon	Dea Robertson	-
FRI 10th	1:30 - 2:30pm	Jen Ball	Volunteer Needed