



NEWSLETTER

AFTER SCHOOL CARE: 5444 6666 (YMCA)

HOLY ROSARY WEB SITE: www.hrwhitehills.catholic.edu.au

MASS TIMES

Holy Rosary – Hamelin St
Saturday's 6pm Sunday's 10am
Weekday Masses – Tues - Sat 9.15am
St Francis Xavier – Strickland Rd
Sunday – 8.30am

CALENDAR

NOVEMBER 2022

Mon 21st – Tue 29th PSG Meetings
Tue 29th – Fri 2nd Swimming Program (F – 2)

DECEMBER 2022

Tue 29th – Fri 2nd Swimming Program (F – 2)
Thur 1st Cricket Competition (Gr 6)
Tue 6th 2023 Foundation Orientation Session
Tue 6th 2022-2023 Orientation Session
Wed 7th Gr 6 Graduation Mass
Wed 14th Whole School Mass – 9.15am
Wed 14th Last Day Term 4 (Students) – 3.15pm finish
Fri 16th Last Day Term 4 (Staff)

JANUARY 2023

Fri 27th First Day Term 1 (Staff)
Fri 27th Uniform Shop Open – 10am -2pm
Mon 30th First Day Term 1 (Students)



Check out our school Facebook page to stay up to date with the latest news!
<https://www.facebook.com/holyrosaryprimaryschoolwhitehills/>

PRINCIPAL'S REPORT

Sunday was the **first Sunday in Advent** which is also the first Sunday of the new liturgical year. The Advent season includes the four Sundays that precede Christmas. Advent is a time of preparation for the coming of the Lord. In this season, we recall two central elements of our faith: the final coming of the Lord in glory and the incarnation of the Lord in the birth of Jesus. The key themes of the Advent season are *watchful waiting*, *preparation*, and *justice*. It also reminds us that Christmas is just around the corner. Where did the year go?

During this season of Advent, we will be supporting the **St Vincent De Paul charity**. The Student Catholic Identity Leadership will be asking for a variety of donations specific to each year level. I hope you can support this charity who work hard to assist people in need and combat social injustice across Australia.

Our Junior classes will this week participate in our swimming program. With a specific focus on water safety and awareness, the program is one part of children learning to swim and it remains very important to participate in other external lessons to ensure the best possible opportunity to be competent and safe around water. Our Foundation – Grade 2 classes will be swimming at Gurri Wanyarra and look forward to a fun educational week.

Next week we will be having Orientation day on Tuesday 6th December when the children will have an opportunity to spend an hour in their classroom groupings for 2023 with their new teachers. All staffing will be completed this week in time for Orientation day. We will also welcome next year's Foundation children and say good luck to the Grade 6's as they spend time at their secondary school. We look forward to a great day for all.

Paul Wilkinson (Principal)

SCHOOL NEWS

CATHOLIC IDENTITY

END OF YEAR SCHOOL MASS

We will be holding our final whole school Mass on Wednesday 18th December at 9.15 am. This mass is a wonderful opportunity to celebrate and give thanks for the educational journey of our Grade 6 students.

SECOND WEEK OF ADVENT

PEACE

Light the second candle of peace.



Christ our Peace,
Glow brightly in each moment.
We ask your forgiveness for
the times we have not been
peaceful people. Guide us in
the way of your peace.
We await your coming with
serenity.
Amen



Advent has a focus on light,
not darkness. Christ will
come again as the light of
the world.



Caritas
AUSTRALIA
End poverty
Promote justice
Uphold dignity



VINNIES CHRISTMAS HAMPER APPEAL

Christmas is a special time of the year when we think of others. We ask all families at Holy Rosary to please consider those less fortunate this holiday season and to participate in the Holy Rosary Christmas Hamper Appeal by donating an item or two...

Foundation - Toiletry Items
Grade 1 - Grains & Pasta
Grade 2 - Tinned Foods

Grade 3 - Holiday Treats
Grade 4 - Savoury Items
Grade 5 - Condiments
Grade 6 - Breakfast Cereals

Please donate items into Classroom or Office hamper baskets
by Friday 9th December.

LIBRARY NEWS

As the end of the year quickly approaches, **all library books are now due back to the library.** – Fiona Teasdale (Librarian)



DIRECT DEBITS 2023

A reminder to Direct Debit families that payments will stop at the end of December and restart at the beginning of Term 1 2023. Letters will be sent home to Direct Debit families this week outlining the amount of their direct debit for 2023 and the date it will recommence.

If your family would like to commence a direct debit in 2023, please call or email the school office for an authorisation form.



SCHOOL SPORT – WHAT'S HAPPENING?!

Troy Coates & Sophie Taylor (PE Coordinators)



F-2 SWIMMING LESSONS

Swimming Lessons for Grade F-2 students are on **this week** from Tuesday to Friday! Swimming times for each group are:

Foundation - 9.30am

Grade 2 - 10.15am

Grade 1 - 11.30am

***These are different to the bus times - please check your PAM note for information about these.*

Thursday the 1st of December is a Water Safety Day. Please pack a spare t-shirt and shorts your child can wear in the water. These can be casual clothes - they don't need to be a school uniform.

It is extremely helpful if your child can wear their bathers underneath their school uniform to school. A pair of slip on shoes (thongs, slides, etc) can be worn to and from the pool but students must wear their normal school shoes to and from school.

All other relevant information is on the PAM note. Please speak to your child's teacher if you have any other questions or concerns.

We look forward to a great week of swimming!

CYBER SAFETY

This week we provide you with information about young children and the amount of time they spend online. - *Megan Gerrish (Pastoral Care, Wellbeing and Compliance Leader)*



Time online

How much is too much?

There is no magic figure. The right amount of screen time can depend on a range of factors like your child's age and maturity, the kind of content they are consuming, their learning needs and your family routine.

It can be easy to focus only on the clock, but the quality and nature of what they are doing online, and your involvement, are just as important.

Help your child manage their online time

- **Stay engaged and encourage balance** — keep an eye on the games, apps and devices your child uses by sharing screen time with them. Help them stay aware of their important offline activities, like hobbies and sports.
- **Create a plan** — involve your child in creating a family plan that balances time spent sitting in front of screens, with a variety of offline activities.
- **Use the available technologies** — parental controls and tools to monitor online time allow you to measure and set time limits on device use or internet access. But be honest and open with your children about why you want to use these technologies.

Signs to watch for:

- less interest in social activities like meeting friends or playing sport
- not doing so well at school
- tiredness, sleep disturbance, headaches, eye strain
- changes in eating patterns
- reduced personal hygiene
- obsession with particular websites or games
- extreme anger when being asked to take a break from online activity
- appearing anxious or irritable when away from the computer
- becoming withdrawn from friends and family

Further tips and advice for parents/carers on managing time online are available on [eSafety's website](#).

PASTORAL WELLBEING

We are heading towards the end of the year with many family and community activities keeping us all busy. A time of year that we love but can also put pressure on families and communities. Last week we sent an email out about our second-hand uniform shop and the opportunity to come and fill a bag full of second-hand uniforms for a gold coin donation. We encourage families to please come and take advantage of the opportunity on Monday and Tuesday.

Last week, we also moved the full Food Share pantry into the Rosarium (old sickbay). This will provide families the chance to come to the food-share pantry and be able to access the freezer, fridge, and pantry items much easier. Currently, the freezer is full of family meals of pasta and chicken, frozen veggies, fish fingers, and fried rice. There is an array of yogurts and fruit puree in the fridge and items on the shelf in the pantry you are able to access. Please contact your child's teacher or Megan Gerrish if you would like any items sent home with your child/ren. - Megan Gerrish (Pastoral Care, Wellbeing and Compliance Leader)



How Can We Help?

In the Pastoral Care / Wellbeing Team we would like to offer any support that we can, whether it be emotional, physical, spiritual or mentally. We can assist with support relating to your child or needs your family may have at the present time.

We may assist with

- Practical Help (Meals, groceries etc)
 - A Listening Ear
 - School Attendance
- General information & advice, with links to outside agencies & community support

Megan Gerrish (Pastoral Care Leader)

STUDENT NEWS



HAPPY BIRTHDAY

Students who are celebrating their birthdays this week are; Ivy Sargeant, Fraser Wild, Ryan Brown, Mason McNamara, Harrison Bell, Hunter Bogumil, Sabrina Rai, Harry Morrish & Flynn de Gille. Happy Birthday to you and we hope you have a wonderful day.

STUDENTS OF THE WEEK



Students of the Week	
FMM	Freddy
FNJ	Tilly
1GS	Carter
1ML	Remy
2JH	Evie
2SD	Charlie
3CW	Eleanor
3OG	Leni
4DC	Georgia
4LS	Levi
5JE	Tayt
5JO	Lily
6MG	Jack
6TC	Rachel

COMMUNITY NEWS



MARIST BRASS
PRESENT

Carols in the Cathedral

Sunday 11th December 2022

7:30PM - GOLD COIN ENTRY

Sacred Heart Cathedral Bendigo

Featuring
Marist Brass Band & the Marist Academy of Brass
With special guests
Sacred Heart Cathedral Choir
& the Marist College Choir

Find us on Facebook

Community Christmas Festival



Bendigo
Garden
for the Future

DEC 3rd 4.30pm

Games & Food Trucks, Carols from 6pm

HOLY ROSARY CANTEEN

VOLUNTEER ROSTER - TERM 4 2022

DATE	TIME	VOLUNTEERS	
DECEMBER 2022			
THUR 1st	9.00am - 11.00am	Rachael Sutton	-
FRI 2nd	9.00am - 12.00pm	Suzie Young	Dea Robertson
FRI 2nd	11.00am – 12.00pm	Laura Prange	-
FRI 2nd	1.30pm – 2.30pm	Jen Ball	Tamara McIntosh
THUR 8th	9.00am - 11.00am	Carine Comer	-
FRI 9th	9.00am - 12.00pm	Laura Prange	Rachael Sutton
FRI 9th	11.00am – 12.00pm	Volunteer Needed	-
FRI 9th	1.30pm – 2.30pm	Lesley Lloyd	Volunteer Needed