

AFTER SCHOOL CARE: 5444 6666 (YMCA)

HOLY ROSARY WEB SITE: www.hrwhitehills.catholic.edu.au

MASS TIMES

Holy Rosary – Hamelin St Saturday's 6pm Sunday's 10am Weekday Masses – Tues - Sat 9.15am

St Francis Xavier – Strickland Rd Sunday – 8.30am

CALENDAR

SEPTEMBER 2022

Wed 14th Multicultural Day Fri 16th Footy Colours Day

Fri 16th Last Day Term 3 – 2.15pm dismissal

OCTOBER 2022

Mon 3 rd	First Day Term 4	
Tue 4 th	Sacrament Meeting – Gr 4 & 5	
Wed 5 th	Aboriginal Art Incursion (Gr 4)	
Fri 7 th	Feast of our Lady of the Rosary	
Fri 7 th	Feast Day Whole School Mass	
Fri 7 th	Feast Day Celebrations – 10am	
Mon 10 th	Pupil Free Day – Learning Conversations	

Wed 12th Aboriginal Art Incursion (Gr 3 & 4)
Thur 20th Cricket Competition (Gr 6)
Sat 22nd Frayne House Community Mass – 6pm
Sat 22nd Sacrament Commitment Mass – 6pm
Tue 25th TwistED Science Excursion (Gr 1)
Wed 26th Bendigo Cup Public Holiday

Thur 27th TwistED Science Excursion (Gr 2)

Mon 31st - Wed 2nd Grade 6 Camp

NOVEMBER 2022

Fri 11th School Run 4 Fun: Colour Explosion
Sat 12th McAuley House Community Mass – 6pm
Sat 12th Confirmation Sacrament Mass – 6pm



Check out our school Facebook page to stay up to date with the latest news! https://www.facebook.com/holyrosaryprimary schoolwhitehills/

PRINCIPAL'S REPORT

In a special and poignant moment in history, last week it was announced that with great sadness, Her Majesty Queen Elizabeth II had passed away. With our flags at half-mast and as a community we share our admiration for her deep sense of duty, service and commitment, but also her love for the people she has served so generously these last 71 years. Whether you are a royalist or not, the life of Queen Elizabeth as a female leader is simply quite amazing. She remained a great role model all through her life and was a constant through such rapid change and growth in the world. Her commitment to her role and to those she served could never be surpassed and her legacy will stay with us for a long time. Her Majesty and the Royal Family will remain in our prayers.



It is hard to believe <u>this Friday marks</u> the end of Term 3 with dismissal at 2.15pm. With so much achieved throughout the term we look forward to the chance to rest and recharge ready for the last term. In sporting terms, we are at three quarter time and look forward to coming home well.

A big thank you to all staff involved in the Grade 4 camp to Camp Kookaburra. Despite the torrential rain on Thursday, the children had a great time representing the school magnificently and managed to stay relatively dry. Friday was far more conducive to camp activities and it was great to be able to have fun away from the confines of school!

This Friday we will have our traditional footy colours day. Children are welcome to wear their favourite team's colours or simply come out of uniform. There is no donation required for this day.



We wish Ms Law all the best for her time away from school in during Term 4. We hope that she enjoys the break and extra time with her family.

Have a safe and restful holiday and we look forward to seeing everyone back ready for another busy Term 4.

Go Cats!

Paul Wilkinson (Principal)

SCHOOL NEWS

CATHOLIC IDENTITY

OUR LADY OF THE ROSARY FEAST DAY CELEBRATIONS

Friday 7th October is the feast of our Lady, this is a very special day for our school community. To celebrate we will be attending Mass and the children will also have the opportunity to invite a grandparent or special person to join them in their classroom from 10 - 11am as they participate in feast day activities. All children will bring home an invitation on Friday, so they can give it to their special person over the holidays.

GRADE 4 AND 5 CONFIRMATION SACRAMENTAL CANDIDATES

Our first meeting will be held on Tuesday 4th October at 6pm. This is a compulsory meeting for all candidates and a parent/guardian. If you have any questions please do not hesitate to contact Jo Thurley.



MULTICULTURAL DAY

This term through our Geography focussed Integrated Curriculum Units, students have been learning about the world around them. As students progress though the year levels, they continue to expand their horizons and knowledge of places outside of where they live. Our Foundation students begin locally, developing knowledge of our town and their place in the world, we then expand to look across Australia, to our neighbouring countries and beyond.

To enhance this and provide an opportunity for students to showcase what they are learning, we will be hosting a whole school Multicultural Day this week on Wednesday the 14th September (Week 10).

On the day, students will work in small house groups and rotate around classrooms participating in a range of activities to give them a taste of some of the wonderful cultures of the students and staff at Holy Rosary.



SCHOOL SPORT - WHAT'S HAPPENING?!

Troy Coates & Sophie Taylor (PE Coordinators)



HEALTH & PE WEEK

This week is Health & PE Week. As part of our Health & Physical Education curriculum we will be participating in additional sport and health activities throughout the week. **Students are encouraged to wear their sports uniform every day.**

Some activities that will happen throughout the week include: lunchtime games, eating lunch outdoors, cultural games (as part of our Multicultural Day on Wednesday) and before school perceptual motor program activities on Friday.



YMCA - BEFORE SCHOOL CARE IS COMING TO HOLY ROSARY

We're excited to announce that our Outside School Hours Care services will be expanding in Term 4 to include Before School Care.

The YMCA Victoria team will offer engaging activities that get students energised for the school day from 7.00am to 8.55am.

Thanks to all the families who completed the recent OSHC survey, the results helped inform this decision.

An updated Key Information Sheet, including session times & prices can be found here:

https://www.hrwhitehills.catholic.edu.au/news-events/newsletter/latest-newsletter/506-ymca-ohsc-key-information-sheet-sept-2022/file.html

PASTORAL CARE

The sun is shining and spring is in the air. We are not far off the end of Term 3. What a busy term it has been. A wonderful term of learning and social connection between all our students. We look forward to the coming holidays and having some time with our families and time to enjoy the outdoors and sunshine. This week I have included important information provided by Headspace regarding children and screen time. The holidays can be a time when our children spend more time on screens or using their devices. The information provided by Headspace reminds us how important it is as parents and families to continue to monitor screen time and ensure we are talking to our children about their time online and the digital footprints they may be creating.

I had the pleasure this week of speaking with the Foundation students about our schools Food Share Program. We were able to share and learn about where the food comes from, organisations who donate to Food Share and how as a community we are able to assist many families with essential items. Please feel free to ask your child to bring home any items from the Food Share Pantry you may need or speak to your child's teacher if there is further assistance we can provide to you and your family at this time.



CYBER SAFETY: SCREEN TIME

The internet has changed the way we work, socialise and relax, with a lot of these activities now happening online. It has added a lot of value to our lives.

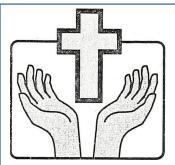
Gaming can be a positive and enjoyable pastime. It can help us connect with others, feel socially included and improve our self-esteem. Healthy gaming can bring structure and routine into our lives and give us some beneficial downtime, relaxation and fun. The research is unclear how much screen time is too much. What is clear however, is that it is important to keep a healthy balance of online and offline activities in our lives.

Not all screen time is the same. Screens and devices have become essential for us to do our work, and can be excellent learning devices. We can use them to connect with others, get support, master new skills, relax and have fun. Some online activities help us learn and be productive, whilst others provide downtime and enjoyment. However, there are other online activities that are less productive or maybe unhealthy, for example distressing violent games or if the content you are watching is not making you feel good. So not all screen time is equally valuable.

Signs that your screen time is becoming unhealthy -

It is important to think about the impact that your screen time is having on your life in each of these areas below.

- Exercise: Research has linked screen time with an increased amount of sedentary behaviour in children and teens and we know that being active is good for our physical and mental health. Are you still making time to move? Play sport or be more active?
- **Sleep:** is VERY important. If you are gaming when you would normally be sleeping you might need to turn off a little earlier or move your device out of your bedroom. Most young people need between 8 and 10 hours of sleep per night to be at their best, both physically and mentally.
- **Social time:** Being connected to others helps us feel good. We can connect with others online but it is important to see people we care about too. Are you making time to regularly meet up with friends and family?
- Variety of activities: are you keeping up with your school tasks and work? Are you doing a variety of other activities that you enjoy like reading, music or other hobbies? Do you make time to stop and eat well? Don't let other activities slip off the radar, they are important for you too.
- **Conflict, irritability and stress:** if you are getting into conflict with others about your gaming or are feeling irritable, sad or tense when you game or can't game, it might be time to think about the balance of screen time in your day.
- **Money:** are you spending more money than you can afford on new games or in-game purchases? This can become a problem for some people too.



How Can We Help?

In the Pastoral Care / Wellbeing Team we would like to offer any support that we can, whether it be emotional, physical, spiritual or mentally. We can assist with support relating to your child or needs your family may have at the present time.

We may assist with

- Practical Help (Meals, groceries etc)
 - A Listening Ear
 - School Attendance
- General information & advice, with links to outside agencies & community support

Megan Gerrish (Pastoral Care Leader)

FROM THE MUSIC ROOM...

Well it's been another action-packed term in the Music Room!

Students continue to learn about different countries and composers through different eras, social connections, musical styles, and discussion.

We have engaged in interactive body percussion and instrumental pieces, exploring the different elements and styles of music.

We have watched different examples of performance and engaged in discussions around reasons for music and performance in different cultures.

The Foundation, Grade 1 and Grade 2 students enjoyed another fabulous performance from Jonas, an amazing musician and performer of African music from Ghana. Next term the Grade 3 - 6 students will have a fabulous show to look forward to called 'Rock It!'.

On Tuesday 6th September, the Grade 5 classes participated in the Arts on Show Concert day at the Marian Theatre CMC, with students from four other schools. It was an exciting and very successful day of singing and dancing and collaboration with others. The students did us proud. What a joy to be able to get back to music and performance after the past two years of lock downs and restrictions! And we have finally been able to start presenting performance items at assemblies again!

The assembly performances were kicked off with Foundation performing 'Swingin' Bones' on their 100 Days of School celebration day. Then we enjoyed dancing along with the Grade 6's performing 'Americano', and last week the Grade 5's treated us to a dress rehearsal performance of two of their Arts on Show performance pieces. We look forward to seeing more assembly performances from the other classes over the remainder of the year.

In the meantime – keep on singing and dancing into Spring and Summer! – Elizabeth Teed (Performing





ENJOY YOUR HOLIDAY BREAK!

We can't wait to see you back bright and early on Monday 3rd October!

Every minute matters

Start of Day Matters

 aim to be at school by 8.45 am for a 9.00 am start

STUDENT NEWS



HAPPY BIRTHDAY

Students who are celebrating their birthdays this week are; Charlotte Gibson, Aylah Kinniburgh & Addison McNamara. Happy Birthday to you and we hope you have a wonderful day.

STUDENTS OF THE WEEK

















	Students of the Week	
FMM	Regan	
FNJ	Xavier	
1GS	Oliver	
1ML	Thomas	
2JH	Zane	
2SD	Harry	
3CW	Willow	
30G	Lacey	
4DC	Zaydah	
4LS	Liam	
5JE	Charlie	
5JO	Kayla	
6MG	Erin	
6TC	Mia	

VISUAL ARTS

Last week Grade 3 and 4 students were involved in a watercolour painting session with local artist Terry Jarvis. The Grade 4 students were shown how to draw a landscape and add trees at different perspectives. Grade 3 students' focus was painting wattle. Terry showed lots of drawing techniques and painting with watercolour paint. A wonderful experience for the students. - Eva Rosaia (Visual Arts)





SANDHURST ARTS ON SHOW

Last Tuesday the Grade 5's went to Catherine McAuley College to perform at a concert called Arts on Show. We have been practising for this concert for 2 terms. On the day we met up with four other schools; the schools were St Patrick's (Pyramid Hill), St Kilian's, St Peter's & St Monica's. We played some games and did some practises. Then at 12:00pm we did a workshop. Our school performed Dansi na Kuimba and Plastic. It was very fun. At the end we performed to about 150 people all up. I'd like to thank Mrs Teed and the ASPA crew for making this possible, without them there would not be any opportunity to perform at Arts on Show. - Miller Polglase (5JE)

We joined St Monica's, St Peter's, St Kilian's and St Patrick's Pyramid Hill in a small room at Catherine McAuley College to warm up. We did some dancing and voice warm ups. Then we got into practising our massed item; We're All In This Together. We had lunch then went inside to have our concert rehearsal. After that, we did our concert with parents from some of the schools that participated as well as a few Catherine McAuley students. Our Grade 5's did Plastic and Dansi Na Kuimba. I thought it was really fun and I really enjoyed it. - Fiona O'Connell (5JO)





CANTEEN REMINDER - NO WINDOW SALES THIS WEEK

A reminder to families, that there will be no window sales at the canteen this Friday due to the earlier finishing time of 2.15pm.

SCHOOL RUN 4 FUN: COLOUR EXPLOSION

Did you hear the exciting news? We are hosting a Colour Explosion School Fun Run with Australian Fundraising! The brightest day at school is coming in Term 4!

Fundraising is now open online! Sponsorship booklets have been sent home. Jump on now and create your profile at www.myprofilepage.com.au

Big prizes are up for grabs! Raise at least \$10 and your child can choose from a selection of awesome prizes. You can also share in \$200k of extra prize credit, win a Razor Prize Pack and become a Fundraising MonSTAR!



SPORTS NEWS

BOYS TEAM FOR TWILIGHT SEASON – HOLY ROSARY NETBALL CLUB

The world of male netball is growing fast - with more and more opportunities for boys to play netball! The Holy Rosary Netball Club are keen to support a Boys Team for this year's Twilight Season at Golden City Netball Association. If there is enough interest from Grades 4 - 6 boys, we plan to enter a dedicated team for a short season that commences 5th October and runs across October and November on Wednesday nights. Cost would be \$110 and we would just wear our school PE uniform. No training commitment, we will support on match day with coaching, etc. Please get in touch via holyrosarynetball@gmail.com if you're lad would be keen to give netball a try!

During the school holidays, Netball Victoria are also hosting a free boys netball clinic - please get in touch via holyrosarynetball@gmail.com to register. (Flyer attached below).

HOLY ROSARY CANTEEN

VOLUNTEER ROSTER - TERM 3 2022

DATE	TIME	VOLUNTEERS	
SEPTEMBER 2022			
Thursday 15 th Sept	9am – 11am	Ash McDerby	
Friday 16 th Sept	9am – 12pm	Susie Young & Josie Postlethwaite	
Friday 16 th Sept	11am – 12pm	Rachael Sutton & Jen Ball	
Friday 16 th Sept	1.30pm – 2.30pm	No window sales	

HOLIDAY ACTIVITIES







RUBE GOLDBERG WORKSHOP

PLANETARIUM MESSIER MISTAKEN

MAKERSPACE FLIGHT RANGE





21 SEP 2022 School Holiday Workshop | Spring Make



School Holiday Workshop | Dressing up



School Holiday Workshop | Pom-pom parade



St Therese's **Primary School**

P: 0429 899 024 A: 27 Albion Street Kennington VIC 3550 E: stthereses@ymca.org.au



Have a go at being a palaeontologist for the day and discover the amazing world of dinosaurs, the ice age, fossils and more.

In house | Cost \$88.60 MELBOURNE ZOO

We're visiting Melbourne Zoo to learn about wildlife conservation and meet incredible animals. Please wear closed shoes and bring a drink bottle!

Excursion | Cost \$88.60 VISIT FROM BUNNINGS

Wed 21 Sept

Our friends from Bunnings are visiting!
Come craft, create and learn on this fun filled

Incursion | Cost \$88.60 LEARN CPR FOR KIDS

Thurs 22 Sept

Mr Paramedic will be coming and teaching us all about CPR! Be read to learn about calling 000 and so much more!

Incursion | Cost \$88.60 PUBLIC HOLIDAY

Fri 23 Sept No Program will be held on this day.



SCAN FOR BOOKING

Week Two WILDLIFE WORKS

Join the team at Wildlife Exposure as we learn about Australian Wildlife and will learn about Australia's most famous animals!

Incursion | Cost \$88.60 SCAVENGER HUNT

Join your friends as we take you on a scavenger hunt adventure. Grab your list and see how many items you can find.

In house | Cost \$88.60

LET'S DNACE

Get your dancing shoes on as we've got a huge day of hip hop dancing, dance jam and karaoke planned.

In House | Cost \$88.60

Thurs 29 Sept

Wed 28 Sept

Lights, camera, action! Sit back and relax, because we're heading to our local cinema to watch the latest new release movie.

Excursion | Cost \$88.60 MAKING MAGIC

Learn magic tricks and find out how to perfect illusions. Bring your tricks, learn new ones and amaze your friends and family.

In House | Cost \$88.60

Prease note: Items to bring everyday: lunch and snack (nutritious and nut free), water bottle, sun smart hat, weather appropriate clothes and shoes. CCS subsidy the prices above are not inclusive of any Child Care Subsidy (CCS) entitlements. Arrive by: 9.00am for incursion days, 8.30am for excursion days.









Minecraft Lab

Come along and enter our Minecraft world with other kids. There will be challenges, tests and lots of fun along the way.

Laptop computers supplied.

Ages 7-12 years.

THU 29 SEP. 10-11.30AM



Stop-Motion Animation

Create a character from simple materials and then bring it to life using stop motion animation. So much fun!

Materials and devices supplied.

TUE 27 SEP 6-9 YEARS: 10.30-11.30AM 10-12 YEARS: 2.30-3.30PM Eaglehawk Library



Carp Productions:

Mighty Mini Beasts!

Meet a shimmying spider, Black Boots the Beetle, and a very hoppy grasshopper! Enjoy a story about an insect's life cycle, and join the Queen Bee for the Ugly Bug Ball! With fantastic facts and fun roles to play, you'll be

Monster Rocks

Drop in and paint a cute and cool monster rock to take home!

Ages 5-12 years.

TUE 27 SEP, 10.30-11.30AM

Birdfeeders

Make and decorate a bird feeder to attract our little feathered friends to your garden.

Ages 5-12 years.

TUE 27 SEP, 11AM-12PM Kangaroo Flat Library



SAT 1 OCT, 11AM-11.45AM Bendigo Library

mad about mini beasts too!



BOOKINGS REQUIRED

BENDIGO LIBRARY 5449 2700 259 Hargreaves St

EAGLEHAWK LIBRARY 5446 7577 1 Sailors Gully Rd

HEATHCOTE LIBRARY 5433 3734 125 High St

KANGAROO FLAT LIBRARY 5447 8344 23 Lockwood Rd

Who can attend: Boys & Girls aged 5-12 years old.

General Informations:
We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid and activity planning/delivery.

What do you need to bring: Appropriate clothing, jacket or sweatshirt, hat, drink battle and food for morning tea, lunch and afternoon to be a second for morning tea, lunch and afternoon to be a second for morning tea, lunch and afternoon to be a second for morning tea, lunch and afternoon to be a second for morning tea, lunch and afternoon to be a second for morning tea.

Please bring plenty of packed food and drink for morning tea/funch/affernoon tea. Lunch will be from approximately 12.30pm to 1.30pm each day.

Programme activities

Programme activities:
Programme activities are adapted to suit children of all ages and children may be grouped by age depending on numbers.
Programme activities may vary without notice dependent on weather conditions and programme numbers.

Payment details: Payment is required up-front within 2 hours of your booking. A receipt will be issued when a completed booking is received. All details will be included on the receipt.

Please note:
Every care will be taken to ensure the safety of your child/ren and their property. However, organisers of Kelly Sports accept no liability for any injury sustained to your child/ren or any loss or damage to his/her property whilst

Website: www.kellysports.com.au/bendigo

Contact:

Email: beau@kellysports.com.au 0428 326 924 Phone: Facebook: Kelly Sports Bendigo

Address: 9 Barnbougle Place, Eaglehawk, 3556

SUPER SPRING

379 EAGLEHAWK RD, EAGLEHAWK, 3556



DODGEBALL DAY
Dodge, duck, dip, dive
and....DODGEI Our fast
paced, action packed
dodgeball sournament will
live each little superstar the
nance to strive for greathesis
and win the Kelly Sports
Dodgeball Cup I



The Socceros have booked their ticket to the FIFA World Cup. Now it's our little superstars chance to show off their skills in our match play tournament, fun games and challenge activities.



TENNIS GIANTS
Today you will be treated to a tennis masterclass from the amazing team from GIANT tennis! Whether you are a tennis star, or a beginner, you can guarantee you will learn a thing or two.





NO SESSION DUE TO AFL GRAND FINAL PUBLIC HOLIDAY



NINJA WARRIOR

Come and show off your athleticism in our Ninja Warrior obstacle course! This course will give each little superstar the chance to show off their vertical leap, strength, speed and power.

FULL WEEK: \$200 Mon-Fri. 8:30am EARLY ONE: \$60



KIDS OLYMPICS

With the Commonwealth Games just wrapping up, this is our little superstars chance to show off their telents! Will we see any of our Kelly Sports athletes at the Paris 2024 Olympics?



Kick start your day with our Basketball Bonanzal Jump, shoot and dribble your way through the day and show off your skills in our basketball challenge activities & tournament



Work together to complete challenges, find clues and score goals during our Amazing Race. Teamwork is key in this fast paced team challenge activity!



Our Kelly Sports coaches are primed and raring to go for this one! The kids will battle it out against the coaches in a range of activities throughout the day. Who will end up with the broaging rights? bragging rights?

Please note that our daily sports schedule will also run in conjunction with the theme for each day. Prizes, giveaways and a load of additional fun games will be facilitated across the program





HALF DAY: \$35 8:30am - 12:30pm OR 1pm - 5pm

FULL DAY: \$50

